

# FAMILY SUPPORT GROUP

The National Alliance on Mental Illness (NAMI) hosts monthly support groups to discuss your mental health-related concerns. Free and open to the public.

Ages 18+ only.



## **Nueces:**

Family Counseling Center  
3933 S. Staples St. Suite 218  
Corpus Christi, TX 78411  
(281) 300-3837

**Every second & fourth Thursday  
6:00PM - 7:30PM**

## **Nueces:**

Our Lady of Perpetual Help  
5830 Williams Dr. Portable 1C  
Corpus Christi, TX 78412  
(281) 300-3837

**Every first & third Friday  
7:00PM - 8:30PM**

## **McAllen:**

National Alliance on Mental Illness  
801 E. Fern Ave. Suite 114  
McAllen, TX 78501  
(956) 624-4960

**Every third Wednesday 6:00PM - 7:30PM  
& first Saturday 10:00AM -11:30AM**

## **Brownsville:**

Cameron County Juvenile Department  
35 Orange St.  
Brownsville, TX 78521  
(956) 624-4960

**Second Tuesday of every month  
6:00PM - 8:00PM**

# GRUPO DE APOYO FAMILIAR

La Alianza Nacional de Enfermedades Mentales (NAMI) conduce grupos de apoyo mensuales para discutir sus inquietudes con la salud mental. Sin cargo y abierto al público. Solo para mayores de 18 años.



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Primer sábado 10:00AM - 11:30AM**

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**Segundo martes de cada mes  
6:00PM - 8:00PM**