

## Resources

Screening Tools: Pediatric Mental Health Minute Series:

<https://www.aap.org/en/patient-care/mental-health-minute/screening-tools/>

M-CHAT (Modified Checklist for autism in Toddlers- Revised:

<https://www.autismspeaks.org/what-autism/diagnosis/screen-your-child>

## Individual Assessments

### [Pediatric Symptom Checklist \(PSC-17, PSC, PSC-Y/Y-PSC\)](#)

- 17- or 35-question versions, screens for problems with internalizing and externalizing behaviors and attention, 4-16 years. Free.

### [Strengths and Difficulties Questionnaire \(SDQ\)](#)

- 25 questions, screens for problems with attention, anxiety/depression, conduct, peer relationships, and prosocial behaviors, 2-17 years. Free. Sensitivity of 63-94%, specificity of 88-98% ([National Assistive Technology Act Technical Assistance and Training \(AT3\) Center](#)).

### [Disruptive Behavior Rating Scale](#)

- 45-items, parent and teacher versions. Assesses for oppositional/defiant behaviors, inattention, impulsivity/overactivity. Ages 5-10 years. Free.

### [DSM-5 Online Assessment Measures \(APA\)](#)

- Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5) Level 1 Cross-Cutting Symptoms Measures contains 25 questions to screen for depression, anger, irritability, mania, anxiety, somatic symptoms, inattention, suicidal ideation/attempt, psychosis, sleep disturbance, repetitive thoughts and behaviors, substance use, parent ([DSM-5 Parent-Rated Level 1 Symptom Measure—Age 6-17 \(APA\)](#)) and youth ([DSM-5 Self-Rated Level 1 Symptom Measure—Age 11-17 \(APA\)](#)) versions. Use an additional Level 2 screeners for further investigation into an area when the Level 1 screen is positive, e.g., [DSM-5 Level 2 Screen for Inattention \(for Parent/Guardian of Child Age 6-17\)](#). Ages 6-17. Free.

### [Swanson, Nolan, and Pelham \(SNAP-IV\)](#)

- 26-items, parent and teacher versions, assesses for ADHD and oppositional-defiant symptoms, 6-18 years. Free.

[Vanderbilt Assessment Scales - Parent and Teacher Initial and Follow-Up Scales with Scoring Instructions \(NICHQ\)](#)

- 25-55 questions, parent and teacher initial and follow-up versions, assesses for inattention, impulsivity/hyperactivity, and comorbid oppositional-defiant disorder, conduct disorder, depression/anxiety, ages 6 and older. Free.

[Generalized Anxiety Disorder 7-Item Scale \(GAD-7\) \(found at Patient Health Questionnaire \(PHQ\) Screeners\)](#)

- 7 questions about anxiety, completed by patient. Online version at PHQ (Patient Health Questionnaire) Screeners. General population screen, can be used in teens. Free.

[Screen for Child Anxiety Related Disorders \(SCARED\) \(University of Pittsburgh\)](#)

- 41 questions screening for DSM-IV anxiety disorders, printable and online self-scoring versions for child and for parent, 8-18 years. Free.

[Spence Children's Anxiety Scale \(SCAS\)](#)

- 35-45 questions about anxiety, versions for young child (preschool version), older children, parent, and teacher, 2.5 - 12 years. Free.

[Alcohol Screening and Brief Intervention for Youth \(NIAAA\)](#)

- 2 clinician-administered screening questions for alcohol use. Includes guidance on follow-up of a positive screen. Ages 9-18. Free.

[Alcohol, Smoking, and Substance Involvement Screening Test \(ASSIST\) \(WHO\)](#)

- 8 questions that relate to 10 substances; a clinician-administered version and a self-report version are provided. General population screen, can be used with teens. Free.

[Alcohol Use Disorders Identification Test \(AUDIT\) \(WHO\)](#)

- 10-item screening tool that assesses alcohol consumption, drinking behaviors, and alcohol-related problems. General population screen, can be used with teens. Free.

[Brief Screener for Alcohol, Tobacco, and Other Drugs \(BSTAD\)](#)

- Risky substance use, youth reported or clinician administered online tool with scoring, ages 12-17. Free.

[Car, Relax, Alone, Friends, Forget, Trouble \(CRAFT 2.1/2.1+N\)](#)

- 3 screening questions with 6 follow-up questions about substance use, substance-related riding/driving risk, and substance use disorder, youth reported or clinician-administered versions, almost 20 languages. The American Academy of Pediatrics suggests that using this tool after a “yes” response from another screen may help reveal the extent of the patient’s substance use problems. [[Levy: 2016](#)] Ages 12-21 years. Free.

[Drug Abuse Screening Test \(DAST-10\)](#)

- A 10-item screen that assesses drug use, not including alcohol or tobacco use, in the past 12 months. A clinician-administered version and a self-report version are provided. General population screen, can be used with teens. Free.

[Screening to Brief Intervention \(S2BI\)](#)

- Risky substance use, youth reported or clinician administered online tool with has 7 questions about frequency of use and scores automatically. Accompanying resources assist clinicians in providing patient feedback and resources for follow-up. The Screening to Brief Intervention tool has 7 questions about frequency of use. Based on DSM-5 diagnoses for SUDs. Ages 12-17. Free.

[Children’s Impact of Event Scale-13 \(CRIES-13\)](#)

- 15 questions for survivors of trauma including avoidance, intrusion, physiologic arousal, youth version, ages 8 and above. Free.