

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

This measure demonstrates the percentage of members 3-17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following completed during the measurement year:

BMI Percentile	
ICD-10	Description
Z68.51	Less than 5th percentile for age
Z68.52	5th percentile to less than 85th percentile for age
Z68.53	85th percentile to less than 95th percentile for age
Z68.54	95th percentile to less than 120% of the 95th percentile for age
Z68.55	120% of the 95th percentile for age to less than 140% of the 95th percentile for age
Z68.56	Greater than or equal to 140% of the 95th percentile for age

Counseling for Nutrition	
ICD-10	Description
Z71.3	Dietary counseling and surveillance
CPT	Description
97802	Medical nutrition therapy; initial assessment and intervention
97803	Medical nutrition therapy; re-assessment and intervention
97804	Medical nutrition therapy; group (2 or more)
HCPCS	Description
G0270	Medical nutrition therapy; reassessment and subsequent intervention(s) following second referral in same year for change in diagnosis, medical condition or treatment regimen (including additional hours needed for renal disease), individual, face to face with the patient
G0271	Medical nutrition therapy, reassessment and subsequent intervention(s) following second referral in same year for change in diagnosis, medical condition, or treatment regimen (including additional hours needed for renal disease), group (2 or more individuals)
G0447	Face-to-face behavioral counseling for obesity, 15 minutes
S9449	Weight management classes, non-physician provider, per session
S9452	Nutrition classes, non-physician provider, per session
S9470	Nutritional counseling, a dietitian visit

Physical Activity	
ICD-10	Description
Z02.5	Encounter for examination for participation in sport
Z71.82	Exercise counseling
HCPCS	Description
G0447	Face-to-face behavioral counseling for obesity, 15 minutes
S9451	Exercise classes, non-physician provider, per session

Note: Counseling for Nutrition and Physical Activity services rendered during a telephone visit, e-visit, or virtual check-in meet criteria.

Best Practices:

- Use appropriate HEDIS codes to reduce the need for medical record review
- Take advantage of every office visit (including sick visits and sports physicals) to capture BMI percentile, counsel on nutrition and physical activity.
- Add BMI percentile calculation into electronic medical record (EMR) system.

Additional Resources:

- Texas Health Steps
- Clinical Guidelines
- Provider Incentives
- Utilize the Driscoll Care Dashboard to close gaps for this measure
- Value-added services for members

For additional assistance, contact your Provider Relations Representative or call Driscoll Health Plan at 877-324-3627.

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