

ZIKA VIRUS



WHAT IS IT?

A virus that is spread through the bite of an **infected mosquito** or **sexual contact** with an infected partner. It can cause **birth defects** if a woman gets the virus during her pregnancy.

WHERE IS IT?

Zika virus outbreaks are present in many countries. Precautions should be taken, if travel to a tropical area is planned, please speak to your healthcare provider.

SYMPTOMS:

Many people infected with Zika will not realize they are sick. They may not have symptoms or will only have mild symptoms for a few days.

- Fever
- Muscle Pain
- Rash
- Joint Pain
- Headache
- Red Eyes

PREVENTION: Men and women can protect themselves from the Zika virus:

- Wear light weight clothes that cover arms and legs.
- Use EPA-registered DEET insect repellent.
- Always use condoms or do not have sex during pregnancy.

WE NOW OFFER MOSQUITO REPELLENT AT NO COST TO YOU!

Members can get up to two cans of mosquito repellent each month. You don't need a prescription if it is a participating pharmacy. Take your Medicaid ID card.

- Males 14+
- Females 10-55
- Pregnant Women

ZIKA IS LINKED TO BIRTH DEFECTS.

Zika infection or exposure during pregnancy can cause birth defects, including issues with brain development, hearing loss, eye defects and a rare condition that causes smaller than normal head size.



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