



Maintaining Your
Mental Health

During the Holidays

Join us virtually.

Thursday, December 2, 2021

6:00 PM -7:00 PM

Call Member Services to register
at 1-877-324-7543

All DHP members are welcome
Special gift for those in attendance!



Come learn how to find some sparkle this Holiday Season!

Guest Speaker:

Dr. Gilberto Salinas; Ph.D., LPC-S, LCDC.



Driscoll
Health Plan

