

# Driscoll Now Offers Triple P: Positive Parenting Program

For more information, please contact  
DHP Provider Relations: (956) 632-8308

## What is Triple P?

One of the world's best known parenting programs is now available in South Texas – FREE! Help families get simple and practical strategies that have worked around the world. Manage everything from toddler tantrums to homework hassles.

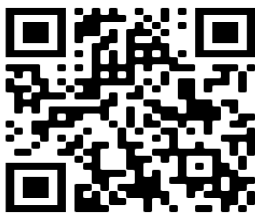
## How does Triple P help?

The program will educate parents to:

- Manage misbehavior
- Build a stronger bond for families
- Raise happy and confident kids
- Get fresh ideas for raising kids
- Choose the strategies that work

## Schedule Availability

Scan the QR code for information regarding class availability and providers who offer the classes.



## What classes are available?

**Level 2:** “Light touch” parenting information classes delivered to a group of parents who are generally coping well but have one or two concerns. There are three seminar topics with each taking around 60 minutes to present, plus 30 minutes for question time. It is designed to be a brief introduction to the Triple P strategies.

**Level 3:** Primary Care Triple P sessions are tailored to the family. Sessions are held in a one-to-one format that assists parents to develop parenting plans to manage behavioral issues. The provider gives a range of ideas. Parents choose what's right for the family. Practitioners provide 3-4 sessions (15-30 minutes each) over a period of 4-6 weeks.

**Level 4:** Standard Triple P helps parents with broadly focused parenting support and interventions on a one-to-one basis. The program supports parents who have concerns about their child's behavior or development across various settings. Parents attend 10 brief sessions around 15 to 30 minutes each.